

What is a Good and Ready Volunteer?

A Good and Ready Volunteer aims to improve disaster preparedness and resilience within their local communities.

Volunteers work together with their local New Zealand Red Cross team to:

- Support social events and workshops where households can meet each other and learn about disaster preparedness in their community
- Build a network of Good and Ready Buddies who have agreed disaster readiness plans in place
- Encourage their community to think about who might need their help the most in the event of an emergency
- Build a Community Good and Ready plan to help support one another in a disaster
- Increase the sense of connectedness for all in their community

What are the benefits of volunteering with New Zealand Red Cross?

Join our team of over 11,000 volunteers serving communities across Aotearoa.

- Get free training in First Aid and Psychological First Aid
- Gain experience in community support and development
- Show future employers your commitment to supporting your local community

For more information on becoming a Good and Ready Volunteer please contact:

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**GOOD
& ready**
BAY OF PLENTY

