

vr;rupf;if epiy 4 - ghJfhg;ghfTk; RfkhfTk; ,Uf;f ePq;fs; nra;a Ntz;baJ
Alert Level 4 – what you must do to stay safe and keep well

1. tPl;by; cq;fs; Fkpopy;
 ,Uf;fTk;



2. gps;isfs; tPl;bNyNa gb;fTk; ngupatu;fs;
 tPl;bypUe;J Ntiy nra;aTk; (mj;jpahtrpakhhd
 NtiyahI;fisj; jtpu)



3. mj;jpahtrpa Njitf;fhf ntspNa NghFk; NghJ (mjhtJ
 filf;F my;yJ kUe;J thq;f) kw;wtu;fspIkpUe;J
 2kPl;lu; Jhuj;jpypUf;fTk;.



4. ntspNa NghFk; NghJ Kf ftrk; mzpaTk; -
 vr;rupf;if epiy 4 ,d; NghJ fl;lhak; mzpa Ntz;Lk;.



5. Covid-19 ,d; mwpFwpfs; ,Ue;jhy; Nrhjid nra;tpf;fTk; - mitahtJ

- ,Uky;
- fLk; fha;r;ry; (38°C f;F Nky;)
- %r;R tPl fbdk;
- njhz;il NehT
- Jk;kYk; %f;F xOFjYk;
- jw;fhypf thrid ,og;G

mwpTiuf;F Rfhjhu njhlu;G 080035855453 my;yJ cq;fs; FLk;g itj;jpaiu njhlu;G
 nfhs;sTk;.



9. cq;fs; #oypy; mbf;fb
 elf;fyhk;

6. ntspNa NghFk; NghJ QR Nfhl;];fhdiu ghtpf;fTk;



8. iffis mbf;fb fOTk;



Koq;iff;Fs; ,UkTk; my;yJ Jk;kTk;

7. \$l;lq;fs; \$If; \$IhJ

