

**Iburira ryo mu cy'iciro cya 3 – ibyo ugomba gukora ngo wirinde kandi utekane 1/09/21**

**1. Guma mu rugo hamwe n'abo mubana**



**2. Abana bigira mu rugo; abakozi bakorera mu rugo (usibye abakozi b'ingenzi)**



**3. Siga metero 2 hagati yawe n'undi niba ugiye ahantu h'ingenzi, urugero nko kujya guhaha cyangwa ugiye kuri farimasi**



**4. Ambara agapfukamunwa/masike niba uvuye mu rugo-ibi ugomba kubikora ku cy'iciro cy'urwego rwa 3**



**5. Ipimishe niba ufite kimwe mu bimenyetso by'icyorezo COVID-19.**

**Bishobora kuba :**

. inkorora. umuliro mwinshi (byibura 38°C.guhumeka nabi

kubabara m'umuhogo. kwitsamura no kugira ibicurane

-kudahumirwa

**Niba ufite ibi bimenyetso hamagara 0800 358 5453 cyangwa muganga wawe bakugire inama.**



**6. Koresha iki kirango QR kigufasha kwibuka aho wagiye**



**8. Karaba intoki zawe kenshi**



**10. ushobora kugendagenda kenshi hafi yaho utuye**



**7. Ibiterane byose birabujijwe, usibye gushyingura, ubukwe kandi abantu 10 gusa**



**9.Kororera cyangwa witsamulire hagati y'ukuboko( mu nkokora)**

**11. ukoresheje uburyo bushya "click and collect" ushobora guhaha utagombye kujya mu iduka**

