

1. Shaqooyinka iyo iskuulaadka waa la aadikaraa wixi laga bilaabo Khamiista, 9ka Sebtember 2021

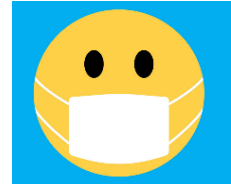
2. 2- Mitir ka fogow dadka kale meel kasto aad aadid/gashid



3. Isticmaal QR codh iskan meelkasto aad aadid/gashid



4. Maaskaro/maro wajiga ku xiro markasta aad banaanka u baxaysid – sida Suuqa, Masaajidka, baska, tareenka, dukaanka (Qof walboo kaweyn 12 sano )



5. Hadaa xanuunsantahay guriga joog, cudurkana iska baar



6. Calaamadaha Covid-19 hadaad isku aragtid, iska soo baar cudurka

- Qufac
- Qandho/Xumad (ugu yaraan 38°C)
- Neeftoo kuugu adag
- Dhuun (cunaha) xanuun
- Hindhis iyo diif socda
- Sanka oo ad wax aad ka urin karin (wax kuuma soo uraayaan/carfaayan)



Wac Healthline **08003585453** ama dhaqtarkaada (GP) hadaa talo ama su'aal qabto

7. Goobaha xiran/daboolan 50 qof ugu badnaan ayaa isugu imaan karo –waa qasab in QR khodka iskaanka la isticmaalo, maaskaro wajiga lagu xirto, 2-mitir la kala fogaado, qofkasta waa in uu iska diiwaangaliyo meelkasta uu tago.



8. Goobaha banaanka ah ilaa 100 qof ayaa isugu imaan karo ugu badnaan -Waa qasab in QR khodka iskaanka la isticmaalo, maaskaro wajiga lagu xirto, 2-mitir la kala fogaado, qofkasta waa in uu iska diiwaangaliyo meelkasta uu tago.